

**Omni
Community
Health**

FAMILY INTERVENTION TREATMENT TEAM

FITT

WHAT WE DO

Crisis Stabilization

24/7 Availability

**Youth & Family
Counseling**

**Family Needs
Assessment**

Family Goal Planning

**Therapeutic
Behavior Mgmt**

Psychiatry

Parenting Support

**Mental Health
Education**

Care Coordination

Academic Advocacy

**Conflict
Management**

What IS FITT?

- An Intensive In-home crisis stabilization program partnering with Families to resolve crisis, prevent out of home placement, and provide skills for future crisis prevention
- Alternative for youth at risk of Hospitalization and RTC
- May also be utilized as a step-down service to better serve Youth needing an intense level of care as he/she returns home
- **Serving Passport, Anthem, Humana, Aetna, and Wellcare Medicaid members in metro area**



How Do We Do It?

- ⇒ A Masters level therapist and Family Peer Support Specialist will be assigned to the child and family
- ⇒ Visits are 5 to 7 times weekly in the home, depending on family need, and then 3 times weekly during the last two weeks- concentrating on transition and an active connection with aftercare Provider(s)
- ⇒ Actively partners with Schools, Courts, DCBS and Health Providers as needed
- ⇒ Expedited Access to Psychiatric care
- ⇒ Average LOS is 60 to 74 days and up to 100 days
- ⇒ A plan of care is developed with emphasis on safety and crisis planning, utilizing PSC, PSI, LOCUS, and CYRM assessments to guide treatment interventions
- ⇒ Hands on skills training for parents/caretakers in managing crisis and behavior incidents
- ⇒ Address safety concerns, offering physical security measures to ensure safety for all family members
- ⇒ Families have access to staff around the clock



Referral Line

Call Us ...

(502) 309-4510



1169 Eastern Parkway
#1226

Louisville, KY 40217

Our Mission...

We believe there is no better place to solve the problems of the family than in your own Home. Family is an important part of Life and each family member plays a unique part in creating family unity and harmony.

We take our calling to serve children and their families very seriously and are proud of the meaningful changes that they make during our faithful partnership with them.

"Whatever it takes." - FITT