



Specialties

- Posttraumatic stress disorder
- Obsessive-compulsive disorder
- Eating disorders
- Social Anxiety Disorder
- Anxiety disorders
- Major depressive disorder
- Ethnic identity and discrimination
- Evaluation of ADHD in children
- Nutrition Counseling
- Group Therapy:
 - ❖ *Meal Therapy Group*
 - ❖ *Eating Disorder Thoughts Group*
 - ❖ *Exposure Group*
 - ❖ *Dialectical Behavioral Therapy Group*
 - ❖ *Women's Group*
 - ❖ *Body Image Group*
 - ❖ *Adult Perfectionism Group*
 - ❖ *Family member support group*



Services Offered

- Cognitive behavioral therapy
- Treatment for adults, adolescents, and children
- Couple's counseling
- PTSD services
- ADHD Assessment and Therapy
- Relationship and marital therapy
- Educational assessment
- Cognitive and IQ testing
- Evaluations for court and legal purposes
- Medication services
- Low-cost treatment options
- Online therapy
- Nutrition Counseling

Behavioral Wellness Clinic

11824 Ransom Drive
Louisville, KY 40243
reception@bewellproviders.com
(502) 338-0608
www.bewellproviders.com

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*An Overview of
Services and
Compassionate Care
offered at our Clinic*



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Our Specialist Team at Behavioral Wellness Clinic



Meet Our Clinical Director, Dr. Cheri Levinson, PhD, HSP

MEET OUR CLINICIANS

Dr. Street Russell, PsyD is our OCD specialist and licensed psychologist. He works with children, families, and adults with OCD and other disorders. He also provides supervision to clinical trainees.

Dr. Alex Pruitt, PsyD, is our pediatric eating disorder specialist and licensed psychologist. She delivers evidence-based treatments to individuals, groups, and families in a compassionate and solution focused manner.

Dr. Sarah Schirmer, DNP, M.Ed, APRN, is a certified psychiatric nurse practitioner. She has experience with the treatment of anxiety disorders, depression, ADHD, OCD, PTSD, and schizophrenia.

Dr. Mark Schirmer, PsyD is a licensed psychologist. He has worked with clients with substance use disorders, PTSD, conduct disorders, OCD, personality disorders, depression, and anxiety.

Dr. Broderick Sawyer, PhD is a clinical psychologist. He has experience with clients with, anxiety, OCD, eating disorders, race-based stress/trauma and sexual/gender identity development.

Sara Sutphin, M.Ed is a psychological practitioner. She specializes in treating adults with mood disorders, psychosis, trauma, PTSD, OCD, relationship issues, and self-sabotaging behaviors.

Michelle Eckhart, RD, LD, is a licensed dietitian who has worked with patients in many settings with a variety of diseases and health issues.

Mary Curnette, RD, LD, is licensed dietitian and nutrition course lecturer at the University of Louisville. Mary has taught nutrition to all ages, from pre-K to adult.

Amanda Velez, MSSW is a marriage and family therapist. She specializes in OCD, depression, anxiety, and posttraumatic stress disorder.

Kristina Waters, MSSW is a marriage and family therapist. She specializes in eating disorders, anxiety, depression and couple's counseling.

Dr. Paul Rosen, PhD, specializes in researching and treating emotional difficulties and difficulties managing frustration in children with ADD/ADHD.

Lindsay James, CSW is a certified social worker that specializes in the treatment of eating disorders and trauma as well as a wide variety of life's issues.

PRACTICUM STUDENTS

Clients can see doctorate students at a reduced cost. All our practicum students are trained and supervised by our clinicians.

Dr. Levinson is a licensed clinical psychologist and director at the Behavioral Wellness Clinic. She is also an Assistant Professor and the Director of the Eating Anxiety and Treatment (EAT) laboratory at the University of Louisville.

Dr. Levinson treats adults and adolescents with eating disorders. She specializes in the treatment of eating disorders and comorbid disorders (specifically anxiety disorders and OCD) using empirically supported cognitive-behavioral techniques.

